



# YOUTH-ONSET TYPE 2 RISK FACTORS

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- Being over the 85 percentile for weight
- Family history of T2
- Above normal A1c blood test
- Ethnicity (Pacific Islander, Asian, Native American, Hispanic, African-American)
- Hyper-pigmentation of the arm-pits or back of the neck
- High blood pressure
- Elevated fat in the blood
- High triglycerides
- PCOS
- Small birth baby or babies born over 10 pounds
- Mothers with gestational diabetes during pregnancy

